



**Omaha Ear, Nose & Throat Clinic, P.C.**

17410 Burke St., Suite 200  
Omaha, NE 68118  
(402) 758-5330 Fax (402) 758-5339

**Preoperative Instructions**

- Do not use aspirin based products (Ibuprofen, Motrin®, Aleve®, etc.) within 7 days prior to surgery. Use only Tylenol® products.
- The use of any herbal medications is not recommended before surgery.
- There will be nothing to eat or drink after midnight the night before surgery. You may have a light snack before midnight.
- A History and Physical MUST BE DONE within 7-14 days prior to surgery. The form enclosed should be filled out and faxed to 758-5339. Failure to have the H&P done may result in a delayed surgery time. It is recommended that you have a copy of the form with you the morning of the surgery.
- Children's Hospital will call prior to surgery to confirm time of surgery and check in time. They will then go over all pre-op instructions, medical history and answer all questions you may have.
- The Midwest Surgical Hospital will call you a week prior to your surgery to tell you your check in time and time of surgery. They will then go over all pre-op instructions, medical history and answer all questions you may have.
- If you have any insurance benefit questions, please contact your insurance company prior to your procedure. Omaha, Ear, Nose and Throat Clinic will obtain any precertification that is needed prior to the procedure.
- Should you have any questions, please call us at 758-5330.